



**ELECTRONIC COMMON TECHNICAL DOCUMENT SUBMISSION FOR U.S.
FOOD AND DRUG ADMINISTRATION**

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ABSTRACT

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The International Conference on Harmonisation's electronic Common Technical Document (eCTD) endeavors to significantly change the pharmaceutical submission process. After decades of using paper, the goal is the electronic transfer of drug applications and their review across submission formats, procedures, and regions. Module 1 of the eCTD (regional information) further contains 3 additional XML files (for each region). Module 2 contains summaries and overviews of the 3 CTD technical sections: Quality, Safety and Efficacy. Module 3 contains information pertinent to the Quality of the pharmaceutical (drug or biologic) substance and product. This consists of information concerning the Chemistry, Manufacturing and Controls of the drug/biologic substance and product. Module 4 contains information on the nonclinical (pharmacological, pharmacokinetic and toxicological) evaluation of the drug/biologic substance and product. Module 5 contains information on the clinical evaluation of the drug/biologic product. The fifth annual Iquent Regulatory Affairs Trends Survey, conducted by Thomson Scientific Market Research, provides exclusive insight into the emerging and future trends of regulatory product management needs for the life science market. Two-thirds (67%) are using submission publishing software. only 4% of respondents are currently addressing the SAFE initiative. However, 26% plan to implement it in the future. Similarly, only 9% of company's currently have technology to support the FDA Gateway, and one third (37%) plan to implement the technology in the future. One-quarter of respondents (26%) are currently using a digital signature process, a significant increase of 7% over the past year. Three-fourths (76%) of respondents plan to migrate to the eCTD, and those planning to migrate within 3 months increased significantly from 4% to 26%. The findings in the study above show there is an increase in the adoption of eCTD and tools that facilitate eCTD creation. These results highly coincide with the 50 findings from the Thomson and Suchanek and Ostermann results which demonstrated that company's planned to implement eCTD. There is also a need for further research to determine the benefits and challenges to the FDA.

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INTRODUCTION:

Independent Survey Methodology

Respondents: The sampling frame included regulatory professionals within the pharmaceutical industry, who were personal contacts of the researcher, and included fellow colleagues and members of industry forums. The majority of contacts were regulatory affairs colleagues that currently and previously worked at Abbott Products Inc., formerly Solvay Pharmaceuticals, Inc. A company and personal address book, compiled from over eight years of working as a Regulatory Submissions Specialist, consisting of approximately 150 contacts, was used to solicit respondents. These contacts were identified by the researcher, and according to the RAPS Development Framework White Paper, can be considered as Level II to Level IV professionals.³⁰ The remaining respondents were recruited for participation via four regulatory submissions social groups on the website www.linkedin.com. The social groups that were used included the eCTD Professional.

Inclusion and Exclusion Criteria: Approval for exemption from the University of Georgia Institutional Review Board (IRB) was received on 30 March 2010. Any research that involves human subjects is required to undergo review by an IRB to comply with regulations set by the Office of Human Research Protections and the FDA. The IRB application requires inclusion and exclusion criteria to be defined. Inclusion criteria are a set of conditions that must be met in order to participate in a human based research.³¹ Exclusion criteria are the standards used to determine whether a person may or may not be allowed to participate in a clinical trial or study. The inclusion criteria defined for this study is as follows: Must be a Regulatory Affairs professional, Must work in the biotech industry and have at least six months of experience with making submissions to the FDA, EMA, Health Canada or Japan Must have participated or

plans to participate in the review, approval, compilation or submittal of an electronic common technical document (eCTD) regulatory submissions to the FDA, EMEA, Health Canada or Japan. Must have a general understanding of eCTD requirements and terminology. Must have internet access to take electronic. The exclusion criteria defined for this study is as follows: Regulatory Affairs professionals that have less than 6 months of work experience in a regulatory affairs role.

Sampling Size: Because the professional base for regulatory affairs within the pharmaceutical industry is relatively small, the goal was to obtain at least 50 respondents. This sample size was determined utilizing sample size and confidence interval calculators. The population of regulatory affairs professionals worldwide (12,000) was approximate based on the amount of members that belong to the RAPS organization worldwide.³³ The confidence interval was 95%, so the suggested sample size was 50 respondents. The total number of responses received from the independent survey was 44. However, two respondent's responses were excluded due to lack of eCTD knowledge. Therefore the total amount of responses used in the study findings was 42. This resulted in response rate of 84%. This was determined utilizing the response rate calculation.

Survey Design: For the independent survey, a web survey was created in Survey Monkey and used to capture data on the benefits and challenges of eCTD submissions. The interface used in Survey Monkey is user-friendly and provides tools to confirm response entry and help analyze survey results. The survey software used contained built-in validation tools that were used to ensure that respondents properly answered all questions. The tools allowed questions to be setup to accept single and multiple answers and provided identification of questions that were skipped by the

respondent. The survey consisted of seven multiple choice questions and three open-ended or probing questions. The first two questions within the survey were designed as screening questions. They sought to exclude users that lack the required amount of regulatory and eCTD experience. Two respondent's responses were excluded from the survey results due to the first two screening questions. The survey ran for approximately fourteen days and it took several months to fully analyze the data.

Procedure: Participants were contacted via email at the start of the survey. The email explained the project, inclusion/exclusion criteria, the types of questions, length of the survey, how the responses would be used, and instructions for completion and response due dates. A sample email can be found in Appendix C. The respondent's personal data were not labeled with any individuality-identifiable information. A link to the survey was provided in the body of the email and no personal data was collected within the survey.

The respondents were able to link to the survey and anonymously complete all responses. A sample survey can be found in Appendix A. The findings were used to supplement previous findings regarding the usage of eCTDs and the benefits and challenges of eCTD submissions.

Limitations: Some of the limitations in this study include time and money. There could have been a greater response rate if the survey time was extended by several months and if there was an ability to offer respondents some level of compensation for their time. There are also some limitations with the sample size estimates. The population size of professional (12,000) was based on the estimated number of members in the RAPS organization. This was due to lack of sources that contained data on amount of regulatory professionals worldwide. There are

also limitations associated with the open-ended questions eight and nine. There was an attempt to accurately group all responses.

RESULTS AND DISCUSSION: The results below will include a summary from the Thomson and Suchanek and Ostermann studies. The summaries will be used to relate to the findings from the independent study.

Thomson Scientific Regulatory Trends Survey Results: The fifth annual Liquid Regulatory Affairs Trends Survey, conducted by Thomson Scientific Market Research, provides exclusive insight into the emerging and future trends of regulatory product management needs for the life science market.⁶ The survey concentrates on four key areas: (1) Technology Usage trends, including both submission publishing software and other desktop software; (2) Document Management System usage; (3) Regulatory Outsourcing trends; and (4) Regulatory trends, including use or future use of the eCTD. **Technology Usage:** Most percentages within the 4 categories have remained the same over, since 2006, possibly indicating a plateau in the adoption of new technologies. The only significant increase was in the use of digital signatures.⁶ Below are some of the Key Findings on Technology Usage from the study performed in 2007. Almost all (90%) of the survey respondents make regulatory submissions. Current use of paper and electronic submissions have remained the same since 2006, unlike the previous year's analysis, where there was a drop in the percentage of those who did paper-based submissions only, and an increase in the percentage that did both electronic and paper processes. In two years' time, the majority of respondents estimate they will most likely submit to the FDA via a Marketing Application, either in paper format or electronically. Marketing applications are most likely to be used in Europe, Japan, and all other global agencies. Two-thirds (67%)

are using submission publishing software. This percentage is similar to 2006. One third (36%) of those respondents not currently using software are very likely to implement submissions publishing software into their process. As in the previous year, the SAFE (Signatures and Authentication for Everyone) initiative has not yet taken hold in most companies surveyed: only 4% of respondents are currently addressing the SAFE initiative. However, 26% plan to implement it in the future. Similarly, only 9% of companies currently have technology to support the FDA Gateway, and one third (37%) plan to implement the technology in the future. One-quarter of respondents (26%) are currently using a digital signature process, a significant increase of 7% over the past year. Six in ten (58%) respondents are not currently utilizing a digital signature process for their submissions. Of those, 43% plan to implement this technology. The respondents who do not plan to implement a digital signature process stated that it is not necessary for their company or industry.

Below are some of the Key Findings on Regulatory Trends: The percentage of companies planning to implement new or replacement submission software has decreased over the past year, with the exception of an eCTD viewer.

CONCLUSION: The findings in the study above show there is an increase in the adoption of eCTD and tools that facilitate eCTD creation. This study provided excellent quantitative data on pharmaceuticals companies' future plans and trends. However, it lacked specific information regarding why companies are planning to implement these new technologies. Are companies planning to implement new technologies based on regulatory agency recommendations? Or are there plans to transition to new technologies because there are benefits? Four in ten (44%) state that their organization plans to adopt an eCTD viewer, an increase

of 12% over the past year. Three-fourths (76%) of respondents plan to migrate to the eCTD, and those planning to migrate within 3 months increased significantly from 4% to 26%. But this Thomson study fails to provide adequate data on why companies are transitioning to these new technologies. Based on the findings from the independent survey, eCTD advantages do in fact outweigh the disadvantages. However, the margin between advantages and disadvantages is not as wide as purported in previous studies. The findings within the independent study show that 48% of respondents believe there is a decrease in review times by regulatory agencies. 51% of respondents felt there was no change in review times. 0% of respondents felt there was an increase in review times. These data indicate that one of the main benefits of converting to eCTD format could be improvements in dossier navigation, which may explain why 95% of respondents work for companies that currently submit in eCTD format. Regulatory agencies are heavily promoting the switch to eCTD, leading to the increased usage of eCTD by companies and the desire for them to convert existing applications to eCTD. This increase in use could be due to the benefit in dossier navigation. However, some regulatory professionals are still skeptical about the benefits. eCTD dossier preparation and transmittal. 43.9% of respondents did not feel that eCTD improves their compilation times. These negative responses may be from challenges encountered with Lifecycle management, such as lack of adequate lifecycle management information and insufficient methods used to stay abreast of regulatory standards and technology. Fifty percent of respondents indicated they use regulatory agency guidance's, vendor-sponsored webinars, industry conferences and company sponsored initiatives to stay abreast of eCTD requirements.

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