



**DIAGNOSIS AND ROLE OF TEMPERAMENTS IN ELECTROHOMOEOPATHY AND OTHER ALTERNATIVE SYSTEM OF MEDICINE (AYURVEDIC, HOMOPATHY, AND UNANI)**

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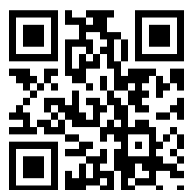
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**ABSTRACT**

**Key Words**

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In psychology, temperament broadly refers to consistent individual differences in behavior that are biologically based and are relatively independent of learning, system of values and attitudes. Some researchers point to association of temperament with formal dynamical features of behavior, such as energetic aspects, plasticity, sensitivity to specific reinforcers and emotionality [1]. The Electrohomoeopathy remedies purify the lymph and blood systems of the human body and by destroying the root cause of gravest. Understanding temperament of a patients helps to understand when and with whom your patient feels comfortable. When a people are mix with others who have similar temperaments, it becomes clear why they are comfortable around them. The opposite happens when they are with someone who sees things very differently and struggle to find common ground. Temperament is a set of tendencies people born with and is not very changeable. We will discuss five temperament types. In fact, a combination of two is usually most accurate in understanding your patients and selection of Electrohomoeopathy medicine. This paper presented a rule-based system for detecting human temperament.

**INTRODUCTION**

Electrohomoeopathy is a plant-orientated system of herbal medicine. It is a part of alternative system of medicine. It cures all kinds of disease rapidly without creating any side-effects. The word electro denotes electrolytes of the human body. Electrolytes are the elements very essential for life. Most of these electrolytes are also present in plants. In Electrohomoeopathy, these natural electrolytes are collected from plants through the fermentation for curing diseases. Disease is caused by alteration of blood and lymph due to imbalance of electrolytes. This imbalance

of human being is corrected by collection of natural form of electrolytes from herbals. Electro homoeopathy (or Mattei cancer cure) is a derivative of homeopathy invented in the 19th century by Count Cesare Mattei. The name is derived from a combination of electro (referring to an electric bio-energy content supposedly extracted from plants and of therapeutic value, rather than electricity in its conventional sense) and homeopathy (referring to an alternative medicinal philosophy developed by Samuel Hahnemann in the

18th century). Electro homeopathy has been defined as the combination of electrical devices and homeopathy. It was a myth in Electro homeopathy there was only plant used to treat and cure the patient there was no combination of electrical devices and homeopathy medicine.[2] Electrohomeopathy was devised by Cesare Mattei (1809–1896) in the latter part of the 19th century. Mattei, a nobleman living in a castle in the vicinity of Bologna.<sup>[3]</sup>He studied natural science, anatomy, physiology, pathology, chemistry and botany. He ultimately focused on the supposed therapeutic power of "electricity" in botanical extracts. Mattei made bold, unsupported claims for the efficacy of his treatments, including the claim that his treatments offered a nonsurgical alternative to cancer.<sup>[4]</sup> Electrohomeopathic system is an invention of Count Mattei who prates of "red", "blue", and "green" electricity, a theory that, in spite of its utter idiocy, has attracted a considerable following and earned a large fortune for its chief promoter.<sup>[5]</sup>The "red electricity" and "white electricity" supposed to be "fixed" in these "vegetable compounds" are in their very nomenclature and suggestion poor and miserable fictions.<sup>[6]</sup>

**Human temperament and relation with electro homeopathic and other alternative system of medicine:** Human temperament controls actions, reactions and it is influenced by character and personality. Character always shows what the reality is. It is what we really are when no one else is around. Character is shaped by life experiences (or the roles we play) and all the things that influence us. Personality is how we express ourselves outwardly to others, what we look like to others on the outside, happy, angry, smiling, frowning, etc. How people perceive our personality is based primarily on what we reveal to them. Sometimes we act like someone we think we should be as a person but, that's not who we really are.

More recently, scientists seeking evidence of a biological basis of personality have further examined the relationship between temperament and neurotransmitter systems<sup>[7][8][9][10]</sup>and character (defined in this context as developmental aspects of personality). However, biological correlations have proven hard to confirm.<sup>[11]</sup>This paper presents a rule engine approach towards detecting human temperament, reversereasoning technique was developed to help people know their temperaments type and assessing their temperament at any point in time.

## HUMAN TEMPERAMENT

Temperament are inborn characteristic in human life, they are the reasons for everything human does in the environment. Historically, in the second century. the physician Galen described four temperaments based upon the four humors or bodily fluids. These became known as the four classical temperaments. In more recent history, Rudolf Steiner had emphasized the importance of the four classical temperaments in elementary education, the time when he believed the influence of temperament on the personality to be at its strongest.<sup>[11][12]</sup> They are five basic human temperament, these are:

- A- Sanguine
- B- Choleric
- C- Melancholic
- D- Phlegmatic
- E- Supine

### A- SANGUINE

People that exhibit sanguine character are said to be with abundance of blood. A sanguine person does not penetrate the depth, essence of things and happenings; does not embrace the whole. He loves light work which attracts attention, where there is no need of deep thought or great effort. A sanguine person is fun-loving, he loves activities that involve a lot of energy. A sanguine person is unstable and

encounters frequent alterations of mood say from happy to sad and sad to happy. He is fashionable and is happy when praised. A sanguine exhibit the following characters. He is creative and artistic types, self-composed, takes decision as early as possible, talkative, frank, sociable and expresses emotions readily, decisions often wrong.<sup>[13]</sup>

#### **CHARACTERISTIC OF SANGUINE PATIENTS**

**Humor:** (Blood) **basic qualities** hot and wet (warm and moist) generally considered to be the most desirable temperament, since blood is the essence of vitality and health, but not without its drawbacks.

**Face** oval or acorn-shaped face and head. Delicate, well-formed mouth and lips. Beautiful almond shaped eyes, often brown. An elegant, swanlike neck.

**Physique** in youth, balanced, neither too fat nor too thin. Moderate frame and build. Elegant, statuesque form, with ample, luxuriant flesh. Joints well-formed, bones, tendons, veins not prominent. Can put on weight past forty, mostly around hips, thighs, buttocks.

**Hair** thick, luxuriant and wavy. Abundant facial and body hair in men.

**Skin** pink, rosy, blushing complexion. Soft, creamy smooth luxuriant feel. Pleasantly warm to the touch.

**Appetite** quite hearty, often greater than digestive capacity. A predilection for rich gourmet foods.

**Digestion** good to moderate balanced. Can be over whelmed by excessive food.

**Metabolism** moderate, balanced. Bowel tone can be a bit lax. Digestive, respiratory, genitourinary mucosa can be problem areas.

**Predispositions** metabolic excesses of the blood: uremia, gout, diabetes, high cholesterol. Intestinal sluggishness, putrefaction. Congested, sluggish liver and pancreas. Congested blood, bleeding disorders. Respiratory catarrh, congestion,

asthma. Urinary conditions, genitourinary disorders. Excessive menstruation in women. Skin conditions, hypersensitivity, capillary congestion.

**Urine** tends to be rich or bright yellow and thick.

**Stool** well-formed, neither too hard nor too soft.

**Sweat** balanced, moderate.

**Sleep** moderate, balanced sound some time snoring.

**Dreams** usually pleasant, charming, amusing, romantic and nature. Travel, enjoyment, games, distractions.

**Mind** faculty of Judgement well-developed. A synthetic intellect that likes to see the whole picture. An optimistic, positive mental outlook. Rather conventional and conformist, good social skills.

**Personality:** exuberant, enthusiastic and outgoing. Optimistic, confident, poised and graceful. Expansive, generous. Romantically inclined, loves beauty, aesthetics and arts. Sensual, indulgent nature. Sociable, gregarious, light-hearted and cheerful.<sup>[14]</sup>—If you are Supine you probably have many interests and cares, but little ability or need to express your needs. One Supine remarked that to be a Supine felt like having tape over his mouth. They often have a wish or desire but are unable or unwilling to express it. The Supine often wish that others could read their minds. If others have ever observed that you are too sensitive or easily offended, you may very well have a supine temperament. Slow-paced and diligent, Supines are not indifferent or uncaring about life. Quite the opposite, they may have the strong feeling of the Sanguine but simply be unwilling to express themselves. Supines have a view of the world that makes them consider others to be superior to themselves. They frequently employ themselves in positions that permit them to be servants to others. They will dutifully work to please others, who they see as better than themselves. Perhaps the best way to

describe the Supine is that it seems to be a combination of the Sanguine and the Melancholy. The Melancholy expresses little need for and, as a true introvert, they tend to shy away from social contact. A Supine does not express much need for much social contact either, however their need is very great like the Sanguine, they have a great need for social relationships. They look like they don't want it but effectively hide their needs and expect you to read their mind. If you fail to correctly read their mind, they will be hurt. A great capacity for service, liking people, and the desire to serve others. They possess an inborn gentle spirit. As youngsters, they are often tormented and abused by other children. They are typically slow to fight back. Instead they tend to internalize their anger and hurt, believing they deserve the treatment they receive. Aggressive disorders, open dependence, defensive against loss of position, weak willpower, a tendency to feel powerless and at the mercy of others-they have such an intense need to serve others, they often become natural born victims. Other temperament types may view the Supine as a dominating individual. By all outward appearances they are. The real truth is that they are manipulating others into taking care of them, and do not want the responsibility of actual decision making. The ability to respond to love and to open-up emotionally when they feel emotionally safe. If treated properly, they are capable of absolute and total commitment to deep personal relationships. However, if a Supine feels safe in a close, personal relationship, they can respond and return expressions of caring. They can become intensely loyal, producing absolute, complete faithfulness. No temperament is more prone to this kind of intense loyalty. The inability to initiate love and affection. They require constant reassurance that they are loved, needed and appreciated. Because of their inability or unwillingness to express their needs, most Supines fail to get their needs met.

While they appear reserved and cool, the fact is they are truly in need of a lot of close, personal affection, love, and attention. Since they find it nearly impossible to express themselves, they simply cannot get their needs communicated.<sup>[15]</sup>

### **B-CHOLERIC**

A Choleric person is fundamentally ambitious and leader-like. He is a hard driving who always aim to accomplish any goals set. He has a lot of energy, aggression, and or passion, and tries to enforce it in others. Because of his leadership spirit, he desires control, best at jobs that demand strong control, authority, require quick decisions and instant attention. He cares little for the feelings of others.<sup>[13]</sup>

### **CHARACTERISTIC OF CHOLERIC PATIENTS**

**Humor:**(yellow bile) **basic qualities:**(hot and dry). The Choleric temperament is the hottest, most active and catabolic of all. **Face showed** broad jaw, sharp nose and high cheekbones, sharp, angular facial features and reddish face common. Sharp, fiery, brilliant and penetrating eyes. **Physique** compact, lean, wiry, good muscle tone, prominent veins and tendons broad chest common. An active, sportive type, weight gain usually in chest, arms, belly and upper body. **Hair** often curly, can also be thin, fine balding common in men. Blonde or reddish hair common. **Skin** ruddy or reddish color if heat predominates, sallow or bright yellow if bile predominates. Rough, dry and quite warm. **Appetite** sharp and quick. Soon overcome by ravenous hunger. Fond of meat, fried foods, salty or spicy foods, alcohol, intense or stimulating taste sensations. **Digestion:** sharp and quick. Tendency towards gastritis, hyperacidity and acid reflux. When balanced and healthy, can have a cast iron stomach, able to digest anything. **Metabolism:** strong, fast, active, catabolic dominant. Strong innate heat of metabolism. Liver and bile

metabolism can be problematic. Digestive secretions strong, bowel transit time short. Adrenals sympathetic nervous system dominant. Strong inflammatory reactions. **Predispositions** fevers, infections, inflammation, hives, rashes, urticaria, fatty liver and bilious conditions. Hyperacidity, acid reflux, inflammatory and ulcerative conditions of middle GI tract. Headaches, migraines and irritability. Eyestrain, red sore eyes. Purulent conditions high cholesterol, cardiovascular disorders, gingivitis. Bleeding disorders from excess heat, cholera in the blood. Hypertension and stress disorders. **Urine** tends to be scanty, dark and thin. Can be hot or burning. **Stool** tends towards diarrhea and loose stools. Can have a yellowish color and foul odor. **Sweat** profuse, especially in summer, or with vigorous physical activity. Strong body odor. sensitive to hot weather and suffers greatly in summer. **Sleep** often fitful, restless, disturbed, especially with stress and indigestion. Often tends to wake up early, or in the middle of the night. **Dreams:** Often of a military or violent nature. Dreams of fire, red things common. Fight or flight and confrontation. **Mind** bold, daring, original, imaginative, visionary, ideation faculty well-developed, brilliant intellect and sharp penetrating insight. The idea man who prefers to leave the details to others. **Personality** prone to anger, impatience, irritability and short temper. Bold, courageous, audacious confrontive and contentious. Dramatic, bombastic manner and high-powered personality. The rugged individualist and pioneer, thrives on challenge. The fearless leader. Seeks exhilaration and intense experiences. Prone to extremism and fanaticism.<sup>[14]</sup> Choleric are extremely tough-willed. When they have made up their minds they rarely if ever change it, even if they are wrong. Choleric will seldom listen to the advice of anyone else. They want to have total control over themselves and anyone around them. Choleric are of the opinion and belief that

they know what is best for those around them and what is acceptable behavior according to them. They have a severe problem with anger, the angry temperament. Choleric have a tendency to seldom express other emotions such as love, tenderness, warmth and compassion. This is often offset with a secondary temperament. When other people express these emotion, they consider them as unnecessary and useless. Choleric believe that no one else can carry out a task as well as them. They have tendency to overwork themselves and are prone to burnout. When carrying out various tasks to accomplish goals they capable of undertaking any behavior necessary to get it done. Unlike the Melancholy, who capable of seeing the pitfalls of a project before acting, Choleric refuse to see any pitfalls. The Choleric will forge ahead regardless of the cost, the end justifies the means. The Choleric is extremely self-centered and the needs of others do not matter. They are perfectionistic and even their own flaws are flawless. When they are wrong they will not accept it, theirs is the only way that is correct and matters.<sup>[15]</sup>

### **C-MELANCHOLIC**

A person exhibiting melancholic temperament is easily embarrassed, self-conscious and timid. He is always said to be shy and often introverted. He is shy of standing before a group and when forced to, finds it very difficult. He prefers to work, play all alone. He finds it difficult to form acquaintances readily, prefers few number of friends.<sup>[13]</sup>

### **CHARACTERISTIC OF MELANCHOLIC PATIENTS**

**Humor** black bile **basic qualities** cold and dry the melancholic temperament tends to be the most problematic, since it's contrary to the Sanguine. However, with proper management, melancholics can also be healthy. **Face:** squarish or rectangular head and face. Prominent cheekbones, sunken hollow cheeks common. Small, beady

eyes. Teeth can be prominent, crooked or loose. Thin lips. **Physique** tends to be thin, lean. Knobby, prominent bones and joints common. Prominent veins, sinews, tendons. Muscle tone good but tends to be stiff and tight. Rib cage long and narrow, with ribs often prominent. Can gain weight in later years, mainly around midriff. **Hair** color dark and brunette. Thick and straight. Facial and body hair in men tends to be sparse. **Skin** a dull yellow or darkish and swarthy complexion. Feels coarse, dry, leathery and cool. Callouses common. **Appetite** variable to poor. Varies, fluctuates according to mental, nervous and emotional state. **Digestion** variable to poor and irregular. Digestion also varies according to mental, nervous and emotional state. Colic, gas, distension, bloating common. **Metabolism** often slow. Can also be variable and erratic. Prone to dehydration. Nervous system consumes many nutrients and minerals. GI function variable, erratic digestive secretions tend to be deficient. Blood tends to be thick. Nutritional deficiencies can cause a craving for sweets and starches. Thyroid tends to be challenged and stressed. **Predispositions** anorexia and poor appetite. Nervous, colicky digestive disorders, constipation and spleen disorders. Nutritional and mineral deficiencies and anemia. Blood sugar problems and hypoglycemia. Wasting, emaciation and dehydration. Poor circulation and immunity. Arthritis, rheumatism and neuromuscular disorders. Nervous and spasmodic afflictions. Dizziness, vertigo, ringing in ears. Nervousness, depression, anxiety, mood swings, neurogenerative dystonia. **Urine** tends to be clear and thin. **Stool** can either be hard, dry, compact or irregular, porous, club shaped. Constipation, irritable bowel common. **Sweat** generally scanty. Can be subtle, thin, furtive and indicating poor immunity. Nervous stress can increase sweating. **Sleep** difficulty falling asleep and insomnia. Stress, overwork, staying up

late aggravates insomnia, generally and a light sleeper. **Dreams** generally dark, moody, somber, disturbing. Themes of grief, loss common. **Mind** analytical intellect, detail oriented. Efficient, realistic and pragmatic. Reflective, studious and philosophical. Retentive faculty of memory well-developed. Thinking can be too rigid and dogmatic. A prudent, cautious, pessimistic mental outlook. **Personality** practical, pragmatic and realistic. Efficient, reliable and dependable. A reflective, stoic and philosophical bent. Can be nervous and high strung. Frugal, austere can be too attached to material possessions. Serious, averse to gambling and risk taking. Can be moody, depressed and withdrawn. Can easily get stuck in a rut. Excessive attachment to status quo. <sup>[14]</sup>

Melancholies need to learn to communicate their feelings, emotionally they are very protective and guarded. The way that a Melancholy demonstrates or says that they love someone is by being dependable and responsible not in physical or verbal terms necessarily. Because of their intellectual and analytical energies, they can see the end results of a project before moving forward. Melancholies have a very sensitive emotional nature, feelings dominate their being. Sometimes moods will lift them to extreme highs, at other times they will be gloomy and depressed. When Melancholies sink to their weaknesses they become destructive to themselves and those close to them. The pure Melancholy for example is an introvert and a loner. Melancholies are more task oriented as opposed to relationship-oriented. Melancholies tend to be perfectionists and set unreasonable standards and goals for themselves and the people around them. Melancholies are very loyal people to their family and friends. If they make a promise the Melancholy will keep it. Melancholies are very creative people but are prone to deep depression. They are very private people, as well as

very serious. They are self-motivated, and do not respond to the promise of reward nor the threat of punishment. Often, they are not satisfied with only one chance at something because they feel they could always do better. They tend to take a more realistic viewpoint. A Melancholy knows their limitations and they rarely take on more than they can do. The Melancholy temperament is the most self-centered, their extreme sensitive nature causes them to be easily offended or insulted. They can be suspicious and jump to unfounded conclusions. They have the tendency to self-examine themselves to the degree that they become inactive and unenergetic, over thinking everything can cause a variety of problems. Melancholies may be calm and quiet on the surface, but they are often angry and resentful. They tend to keep those feelings to themselves until they build up and eventually the anger explodes in a fit of rage.<sup>[15]</sup>

#### **D-PHLEGMATIC**

A person exhibiting Phlegmatic temperament is usually relaxed and quiet. Because of the relaxed mind they are best in positions of conflict resolution, mediation and unity. The Phlegmatic is mostly a female who tends to be the CCC (cool, calm and collected) easygoing, tolerant of others, well-balanced, kind, usually do have sympathy for others, have the ability to hide emotions, happily reconciled to life, take things steadily i.e. not in a hurry, do have many friends, try to avoid conflict, inoffensive, quiet but witty, agreeable and intuitive, they are very peaceful, patient and adaptable, they are reluctant, indecisive and a worrier.<sup>[13]</sup>

#### **CHARACTERISTIC OF PHLEGMATIC PATIENTS**

**Humor** phlegm **basic qualities** cold and wet, the Phlegmatic temperament is the coldest, most passive, energy conserving and anabolic. **Face** round, full cheeks, often dimpled, soft, rounded features.

Double chin, pug nose common, large, moist eyes, thick eyelids and eyelashes. **Physique** heavy frame, stout, with flesh ample and well-developed. Often pudgy, plump, overweight obesity common. Joints dimpled, not prominent. Veins not prominent but can be bluish and visible. Lax muscle tone common. Feet and ankles often puffy and swollen. Women tend to have large breasts. Weight gain especially in lower body. **Hair** light colored, blondish hair common, light facial and body hair in men. **Skin** pale, pallid complexion, and very fair. Soft, delicate, cool moist skin, clammy perspiration common, especially in hands and feet.

**Appetite** slow but steady. Craves sweets, dairy products, starchy glutinous foods.

**Digestion** slow but steady to sluggish. Gastric or digestive atony common. Sleepiness, drowsiness after meals common.

**Metabolism** cold, wet and slow. Conserves energy, favors anabolic metabolism. Congestion, poor circulation, especially in veins and lymphatics. Kidneys slow, hypo functioning and inefficient. Adrenals and thyroid tend towards hypofunction, basal metabolic rate low. Metabolic Water drowning out metabolic Fire. **Predispositions** phlegm and congestion. Water retention and edema. Lymphatic congestion and obstruction. Poor venous circulation. Gastric atony, slow digestion. Hypothyroid, myxedema. Adrenal hypofunction weight gain and obesity. Frequent colds and flu. Chronic respiratory conditions and congestion. Swollen legs, ankles and feet. Poor tone of skin, muscles and fascia. **Urine** tends to be clear, pale and thick. Tends to be scanty in volume, with excess fluid accumulation in the body. **Stool** well-formed, but tends to be slightly loose, soft. Bowels tend to be sluggish. **Sweat** cool, clammy sweat common, especially on hands and feet. Sweating can be easy and profuse,

especially with kidney hypofunction. Sensitive to cold weather, suffers greatly in winter. **Sleep** very deep and sound. Tends towards excessive sleep, somnolence. Snoring common, can be loud or excessive. **Dreams** generally, very languid and placid. Water and aquatic themes common. **Mind** tends to be dull, foggy and slow. Slow to learn, but once learned, excellent and long retention. Patient, devoted and faithful. Faculty of empathy well developed. Sentimental and subjective thinking. A calm, good-natured, benevolent mental outlook. **Personality** good natured, benevolent and kind. Nurturing, compassionate, sympathetic and charitable. Great faith, patience, devotion, tends to be religious and spiritual. Sensitive, sentimental, emotional, empathetic. Passive, slow, sluggish, averse to exertion or exercise. Calm, relaxed, takes life easy. Excessive sluggishness and torpor can lead to depression.<sup>[14]</sup> To the observer, the Phlegmatic is extremely slow-paced and stubborn. The Phlegmatic goes through life doing as little as possible, quietly and expending little energy. They are task oriented with a great capacity for work that requires precision and accuracy and expends a minimal amount of energy. Only sleep can regenerate a Phlegmatic. The world may never know all the brilliant thoughts, great books and spectacular works of art, or wonderful ministries that have been buried with the Phlegmatic. They seldom, if ever, use these ideas and talents because it would require expending too much energy and effort, to put these ideas into action. The Phlegmatic sits back and watches other temperaments busy doing things wrongly and looking at all the things in the world that need to be changed. Identifying the injustice is not difficult for the Phlegmatic in Inclusion, however, they will seldom, if ever, initiate action against injustice. They will try to inspire others to do something but are not likely to personally get involved themselves. The Phlegmatic is the most stable

temperament. The Phlegmatic is the most stubborn of all the temperaments when it comes to making changes. Because of their tendency to not involvement, they are natural negotiators and diplomats. Peace at all costs is their motto. The Phlegmatic has no fear of rejection and can handle unaffectionate and hostile people. They are calm, easygoing people who are not plagued with the emotional outbursts, exaggerated feelings, anger, bitterness or unforgiveness as are other temperaments. They are observers who do not get involved nor expend much energy. Their cool, complacent attitude can hurt people that love them. The way they observe can cause them to never to give of themselves and therefore, never receive either.<sup>[15]</sup>

#### **E- SUPINE**

The original temperaments list was based on the 4 temperaments. However, the modern researchers stumble on the type of personality, which did not fit properly into any of the existing temperaments. To define the Supine temperament in a short phrase, the servant's heart. The Supine temperament has great gifts in serving people. The Supine temperament wants to help and serve people. It is a great temperament, although Supines are taken advantage of in our society. The Supine wants to be in a healthy working relationship, more in the background than the forefront, being in useful service to people.<sup>[16]</sup> Supine people probably have many interests and cares, but little ability or need to express needs. One Supine remarked that to be a Supine felt like having tape over his mouth. They often have a wish or desire but are unable or unwilling to express it. The Supine often wish that others could read their minds. If others have ever observed that you are too sensitive or easily offended, you may very well have a Supine temperament. Slowpaced and diligent, Supines are not indifferent or uncaring about life. Quite the opposite, they may have the strong feeling of the Sanguine but simply be unwilling to




express themselves. Supines have a view of the world that makes them consider others to be superior to themselves. They frequently employ themselves in positions that permit them to be servants to others. They will dutifully work to please others, who they see as better than themselves. Perhaps the best way to describe the Supine is that it seems to be a combination of the Sanguine and the Melancholy. The Melancholy expresses little need for and as a true introvert; they tend to shy away from social contact. A Supine does not express much need for much social contact either, however their need is very great like the Sanguine, they have a great need for social relationships. They look like they don't want it but effectively hide their needs and expect you to read their mind. If you fail to correctly read their mind, they will be hurt. A great capacity for service, linking people and the desire to serve others. They possess an inborn gentle spirit. As youngsters, they are often tormented and abused by other children. They are typically slow to fight back. Instead they tend to internalize their anger and hurt, believing they deserve the treatment they receive. Dependability, ability to enforce the policies set by others and to serve those they follow, their caretakers, with absolute loyalty. A Supine will always be inclined to seek out others advice when trying to make decision. Supines feel very inadequate and consider themselves incapable of making a good decision on their own. They may seek out the counsel of several and become quite confused if they receive differing opinions. Aggressive disorders, open dependence, defensive against loss of position, weak willpower, a tendency to feel powerless and at the mercy of others-they have such an intense need to serve others, they often become natural born victims. Other temperament types may view the Supine as a dominating individual. But the truth is that they are manipulating others into taking care of them and do not want the responsibility of actual decision

making.<sup>[17]</sup> The ability to respond to love and to open up emotionally when they feel emotionally "safe." If treated properly, they are capable of absolute and total commitment to deep personal relationships. However, if a Supine feels safe in a close, personal relationship, they can respond and return expressions of caring. They can become intensely loyal, producing absolute and complete faithfulness. No temperament is more prone to this kind of intense loyalty. The inability to initiate love and affection. They require constant reassurance that they are loved, needed and appreciated. Because of their inability or unwillingness to express their needs, most Supines fail to get their needs met. While they appear reserved and cool, the fact is they are truly in need of a lot of close, personal affection, love, and attention. Since they find it nearly impossible to express themselves, they simply cannot get their needs communicated. However, this temperament needs surface relationships.<sup>[15]</sup>

## **CONCLUSION:**

This article presented the design and development of a rule based expert system for detecting human temperament which will be helpful for selection of medicine in alternative system of medicine like Electrohomoeopathy, Homoeopathy, Ayurvedic and Unani. The article was developed to provide support for an expert psychology improperly predicting the temperament of an individual as well as give an advice to the user. In the article Supines temperament also included which was recently introduce and play an advancement role. Article is solely limited to temperament and mood detection mostly in alternative system of medicine for better counselling, any expert advice sought from and given by the system is limited to this scope.

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